

# FOOD MENU

## LUNCH SELECTION

Weekdays - £15.75

Weekends &  
Bank Holidays - £21.75

## EVENING SELECTION

TUE-SUN - £29.75

## KIDS

All day every day

Children under 4 eat **FREE!**  
Children aged 5 - 11 - £9.95  
Children aged 12+ pay full price

## OFFERS

HAPPY MONDAY | Evening Selection  
**4PM - CLOSE** - £21.75

HAPPY HOUR | Evening Selection  
**TUES-THURS 4-6PM** - £21.75

\*Not valid in conjunction with any  
other offer or during festive period and other key dates

## ALLERGENS !

Please speak to a member of staff about any  
food allergy or intolerance.

Due to the nature of our service, all dishes  
may contain or have come in contact with  
any of the 14 allergens outlined in Annex II.

## HALAL MEATS

Leg of Lamb | Chilli Chicken | Lemon Chicken  
Steak And Cheese | Rib-Eye | Rump Steak  
Rump Steak With Chilli | Chicken Hearts



[WWW.BEMBRASILRESTAURANTS.COM](http://WWW.BEMBRASILRESTAURANTS.COM)

\*Please ask one of our waiting staff for your bill  
and pay at your table. Individual bills will not be  
handed out to large groups.

10% optional service charge added to the final  
bill. Please note that tables are booked for a  
maximum of 2 hours. Due to our unlimited food  
service policy, we do not allow food or leftovers  
to be taken from the restaurant.

\*Prices are subject to change throughout the  
festive period and other key dates.

\*We reserve the right to ask for ID.



**BEM  
BRASIL**  
BAR & RESTAURANTE



## CRAFT CAIPIRINHA

Signature cocktails featuring cachaça, the native spirit of Brazil, distilled from pure sugar cane

### CAIPIRINHA CLASSIC

- Cachaça, Fresh Limes and Sugar

£6.95

### FLAVOURED CAIPIRINHA

- Strawberry - Raspberry - Lemon - Mango  
Passion Fruit - Coconut - Pineapple - Peach

£7.95



## MIXED GRILL - £19.00

PICANHA

ALCATRA

SAUSAGE

CHILLI CHICKEN

## UNLIMITED SALAD BAR LUNCH - £9.95 DINNER - £11.95

All Rodizio and Vegetarian options include unlimited salad bar

## LUNCH SELECTION

### PICANHA | CAP OF RUMP

- Our signature steak represents the art of churrasco; delicate, juicy and full of flavour

### ALCATRA | RUMP STEAK

- Dry aged 28 days, juicy, succulent and tender

### ALCATRA COM PIMENTA | RUMP STEAK WITH CHILLI

- Flavourful tender medallions with a special chilli marinade

### FRANGO COM LIMAO | CHICKEN DRUMSTICK WITH LEMON

- Marinated with a fascinating citrus taste

### FRANGO COM PIMENTA | CHICKEN WITH CHILLI

- Chicken thigh with chilli. It has a kick

### LINGUIÇA | SAUSAGE

- Savoury taste, crispy, Brazilian pork sausage

### PRESUNTO DEFUMADO | SMOKED GAMMON

- Marbled cut, smoked flavour

### PERNIL DE CORDEIRO | LEG OF LAMB

- Tender leg of lamb marinated in our rich recipe with exotic herbs

### ABACAXI COM CANELA | PINEAPPLE WITH CINNAMON

- Roast flavour, refreshing, palate cleanser and exotic

### PAO DE ALHO | GARLIC BREAD

- Artisan baguette flavoured with the finest garlic, mayo & herbs

## VEGETARIAN LUNCH - £13.95 DINNER - £15.95

VEGETARIAN LASAGNA

RISOTTO PRIMAVERA

GNOCCHI TOMATO AND BASIL

STUFFED PEPPERS WITH MUSHROOM RISOTTO

## EVENING SELECTION

### PICANHA COM ALHO | CAP OF RUMP WITH GARLIC

- Delicate medallions of Picanha roasted with fresh garlic

### MAMINHA COM QUEIJO | STEAK AND CHEESE

- Rump tail stuffed with mozzarella, lean, succulent with a meaty taste

### CONTRA-FILÉ | BLACK ANGUS SIRLOIN STEAK

- Unforgettable texture, rich in flavour with a succulent layer of fat

### BIFE ANCHO | RIB-EYE STEAK

- Tender, juicy and full-flavored, with generous marbling throughout

### FRANGO COM BACON | CHICKEN AND BACON

- Traditionally famous in Brazil, bacon-wrapped chicken breast

### CORAÇÃO DE FRANGO | CHICKEN HEARTS

- Brazilian favourite delicacy, we dare you to try it

### LOMBO DE PORCO COM PARMESÃO PORK LOIN WITH PARMESAN

- Pork medallions coated with parmesan cheese, juicy and with a succulent layer of fat

### BUTCHER'S CHOICE OF THE WEEK

ASK YOUR SERVER FOR DETAILS

- A selected cut is specially selected by our butcher every week

Evening Selection includes full Lunch Selection

## FISH

Prices exclude the unlimited Salad Bar

PRAWN SKEWERS - £12.50

FISH SKEWERS - £15.00  
- Ask your server for details

GRILL SALMON - £12.50

PAN FRIED SEA BASS - £12.50